

INSA-INDIA ANNUAL REPORT

APRIL 2014-MARCH 2015

WORKING TOWARDS A JUST SOCIETY LIVING WITH HEALTH AND DEVELOPMENT



INTERNATIONAL SERVICES ASSOCIATION

**International Services Association
INSA-India**

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GLOSSARY

| | |
|------------|---|
| AEP | : PROMOTING ADOLESCENT HEALTH |
| AVC | : ARTES VITAM CONSULTING |
| CAF | : CHARITIES AID FOUNDATION |
| CCP | : COMPREHENSIVE CHILD PROTECTION |
| CPC | : CHILD PROTECTION COMMITTEE |
| CP | : CHILDREN PARLIAMENT |
| CMAI | : CHRISTIAN MEDICAL ASSOCIATION OF INDIA |
| CRT | : CHILD RIGHTS TRUST |
| CRY | : CHILD RIGHTS AND YOU |
| CSI | : CHURCH IN SOUTH INDIA |
| CWC | : CHILD WELFARE COMMITTEE |
| GDP | : GROSS DOMESTIC PRODUCT |
| JJA | : JUVENILE JUSTICE ACT |
| JJB | : JUVENILE JUSTICE BOARD |
| KHPT | : KARNATAKA HEALTH PROMOTION TRUST |
| IATT | : INTER AGENCY TASK TEAM |
| ICMR | : INDIAN COUNCIL FOR MEDICAL RESEARCH |
| INSA-INDIA | : INTERNATIONAL SERVICES ASSOCIATION |
| NCERT | : NATIONAL COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING |
| NIPCCD | : NATIONAL INSTITUTE FOR PUBLIC COOPERATION FOR CHILD DEVELOPMENT |
| NIMHANS | : NATIONAL INSTITUTE FOR MENTAL HEALTH FOR NEEDED SCIENCES |
| NIRRH | : NATIONAL INSTITUTE FOR RESEARCH IN REPRODUCTIVE HEALTH |
| UNCRC | : UNITED NATION CONVENTION ON RIGHTS OF CHILDREN |
| UNICEF | : UNITED NATIONS INTERNATIONAL CHILDREN'S EMERGENCY FUND |
| USAID | : USAID - US AGENCY FOR INTERNATIONAL DEVELOPMENT |

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Special points of interest:

In our every day, where is the voice of children. 54% children are sexually abused, according to a 2007 Government of India Research Study. The child trusts and knows the abuser. Only 7% have reported the abuse.

How responsive are we as adults? And as a nation?

Have we set up child protection policies and programs in places where children?

Government of India allocates less than 1% of the GDP for child protection. Have we supplemented this?

CHILD PARLIAMENTS FOR STRENGTHENING CHILD PROTECTION

Thanks To Microsoft Inc. through Charities Aid Foundation, INSA-India formed and facilitates 16 Child Parliaments in Bangalore city. Some are in schools, others in children's Homes and community. We chose places where children are vulnerable to juvenile crime, Abuse and where their safety net is porous.



In this year, 226 boys and 262 girls were part of the Child Parliaments. INSA-India made 110 visits to the child parliaments to hone their skills in identifying issues that affect them and put them at risk to abuse, work out strategies to overcome the risk. The children in Child parliaments of schools have encouraged and ensured that school drop-outs have not happened.

My mother is asking me to sleep with the owner so we can stay in the same house. "My father gets drunk and beats me" are many a cry from students in schools and the community.

Topics covered as inputs to their participation included:

Life skills using the World Health Organizations' 10 life skills. Child friendly games, painting drawing, essays, writing to their local ward, the legislators and the Karnataka State Commission for Child Rights were done this year.

Participation of boys in protecting girls and vice versa, discussions and plans for respect for the sexes and communal harmony.

SOCIAL PROTECTION AND LIFE SKILLS FOR ORPHAN AND VULNERABLE CHILDREN

Most children living with or affected by HIV have seen either of their parents die, experienced stigma and discrimination due to their HIV status and been abandoned. In their tender years, children have had to move from secure parental homes to live with extended families or institutions. In this year, INSA-India in partnership with KHPT and the DLNs facilitated child protection policy development and life skills development for strengthening social protection of OVCs, in the following districts: Yavatmal, Sanghli, Ahmednagar, Nagpur, Mumbai, Sholarpur and Kholapur in Maharashtra, Erode, Salem, Trichy and Coimbatore in Tamil Nadu and Bellary, Belgaum, Dharwad, Bijapur Bagalkote in Karnataka. INSA-India, is partnering with Karnataka Health Promotion Trust, the lead organization supported by USAID.

THE SEARCH PROGRAM: 11TH -16TH AUGUST 2014 WITH A YEARS FOLLOW UP

NGOs and GOs working in India need their staff's capacity built in ways to use the Public Health and Development approach to strengthen their programs. INSA-India has the unique distinction of having provided such Trainer Programs and followed up every participant trained in the places they work, across India, Nepal Bangladesh and Sri Lanka. The SEARCH Program was the 56th residential Trainer Program. 20 mid level and senior managers participated in the program held in Bangalore. They each developed project plans on addressing key issues in their work to strengthen community based health and development, child protection, youth empowerment and elderly care.



The INSA-India team is mentoring them continuously. In this year, three participants from Tamil Nadu received 4-5 days follow up mentoring from INSA-India. The rest in 6 other states of India will be visited by October'15 so that each participant is able to do what they learnt within their context, all staff of their organizations are trained and 19 organizations becomes the lead organizations in the area.

"It is because of the SEARCH Training that I am kinder to children. I am also able to take classes using participation for preventing cross Indo-Nepal Border trafficking of children" Deepshikha, Prayas, New Delhi.

SEARCH TRAINING PROGRAM

| Sl. No. | Name & Address of the Participants | FOLLOW UP VISITS |
|---------|--|------------------|
| 1. | Mr. Solomon Project Manager SISU, Head Office Tamilnadu | Completed |
| 2. | Mr. Ravichandran School Health Supervisor Christin Fellowship Hospital Tamil Nadu- 624619 | Completed |
| 3. | Mr. Samuel A Murugan Asst. Project Officer Navajeevan Seva Mandal, Sevoor Katpadi Taluk, Tamil Nadu-632 106 | Completed |
| 4. | Mr. Karunagaran George Swaminthan Regional project supervisor Navjeevan Boys Home Gujarat-394715 | Yet to be done |
| 5. | Mr. Daniel Dharmaraj Regional Project Supervisor Navajeevan Children Home Tamilnadu-628 203 | Completed |

| | | |
|-----|---|----------------|
| 6. | Ms. Rani Blesso Child Development Facilitator IN-930, Navajeevan Bal Vikas Kendra Haryana | Completed |
| 7. | Mr. Gursewak singh D.D.F Navajeevan Seva Mandal-NSM Punjab | Yet to be done |
| 8. | Mr. Prabash John Accountant Navajeevan Balavikas Kendra Uttar Pradesh-902111 | Completed |
| 9. | Mr. Rasulbhai Babjibhai Dagala Social Worker- CCOP Program Staff SISU Ebenezer Child Development Project Gujarat-394650 | Yet to be done |
| 10. | Mr. Dattaram Dhondu Naik National Institute for research in Reproduction, Health -NIRRH Mumbai-400012 | Yet to be done |
| 11. | Ms. Deepshikha Singh Manager IJJ/CPU Prayas Institute of Juvenile Justice New Delhi-110062 | Completed |
| 12. | Mr. Manoj James Roche Project Officer Centre for Social Action Bangalore | Yet to be done |
| 13. | Sr. Sandra Mendonca Women Co-ordinator PGSS-Purvanchal Gramina Seva Samiti Uttar Pradesh-273014 | Completed |
| 14. | Sr. Pravina Bagh Block Co-ordinator PGSS-Purvanchal Gramina Seva Samiti Uttar Pradesh | Completed |
| 15. | Mrs. Sujatha M Shastry Hon. Administrator KUTUMBA Bangalore - 560005 | Yet to be done |
| 16. | Ms. Vijayalakshmi M Consultant Student, Co-ordinator HLL Life Care Ltd. Belgaum-591225, Karnataka | Yet to be done |

| | | |
|-----|--|----------------|
| 17. | Mr. Satteppa Magadam CSR Program Co-ordinator HLL Lifecare Ltd. Belgaum-591225, Karnataka | Yet to be done |
| 18. | Ms. Hema Santhosh Project Leader Oasis Bangalore-560 005 | Completed |
| 19. | Mr. Githin Health Program Co-ordinator MAYA-Movement for Alternatives and Youth Awareness Bangalore-560071 | Completed |
| 20. | Mr. Somashekar Program Co-ordinator Every Child India Bangalore-560 046 | Yet to be done |

PROMOTING ADOLESCENT HEALTH (AEP)

AEP provides a meaningful space for adolescents to healthily manage the five dimensional changes they experience—at no other time in a human's life are so many changes happening simultaneously.

The Jawahar Navodaya Vidyalayas are residential schools offering students from VI-XII standards CBSE syllabus. St John's Research Institute was awarded the project to strengthen their promoting adolescent program. The Partnering organizations included INSA-India, KHPT and Pledge Academy.

In this year, we organized a Brainstorming workshop with experts from across the country, including UNFPA, NIMHANS and stakeholders from the existing AEP. We also visited four of the JNVs in Cuttack, Pune, Bagalkote and Bangalore for a needs assessment, to find out current learning needs of adolescents in schools. INSA-India and SJRI participated in the Youth Fest organized by NCERT in New Delhi for further assessments. Focus Group discussions with teachers and students were undertaken, compiled, analyzed and reports generated. INSA-India is actively involved in developing the Modules integrating Life Skills into the AEP Plus Module. Plans are being made to pilot the modules and train Master Trainers, who will in turn train 5 nodal teachers with our mentoring in 75 JNVs of South India, to begin with. The program is supported by UNFPA.

GENDER EQUALITY

Sex is not bi-dimensional. It is not about just males and females. The people with sexual and gender diversity—lesbians, gays, bi-sexual, transgender, intersex, are a minority, but experience exclusion, violence and hardship. Stigma and discrimination further marginalizes their opportunity to jobs, education and family life.

Over the past 10 years, INSA-India has been facilitating National Council of Churches in India and other faith based groups to build inclusive spaces for those marginalized. In this year, the Forum for Gender and Sexual Minority was established within NCCI.

As part of the core group of the Forum, we are planning key training programs, policy development facilitation and participation advocacy in the next year.

All human being, irrespective of their sex or gender have the right to equality. INSA-India also facilitated various sessions on gender and sexuality for NGOs, government.

For corporate, gender equality as part of positive parenting was facilitated for Accenture Inc.

INTER-AGENCY TECHNICAL TEAM AT I.L.O., GENEVA

Since 2007, INSA-India was lead organization to facilitate NGOs and others to develop and implement Workplace policies related to HIV, and gender. This began as a pilot in South India and then was scaled up to include five states in north and central India. Further, INSA-India facilitated Indonesia to begin workplace Interventions. Experience and research led to INSA-India being selected as an expert organization at International Labor Organization, Geneva for HIV related workplace programs. In this project year, INSA India participated in conference meetings on Skype or telephone to help come up with indicators to rapidly assess workplace HIV related stigma and discrimination. INSA-India also Participated in the IATT meeting at Geneva and with Stop AIDS Now! Support a two day workshop on Working with Enterprises. INSA-India is also part of the VCT@Work initiative to strengthen early detection of HIV. The Indicators for measuring stigma and discrimination were shared with enterprises and the positive Networks in Bangalore for their inputs, informally and Asia perspectives shared with ILO's IATT Team in Geneva.

"Thank you for the wonderful presentation. The session was indeed insightful and am sure effective. We look forward to conducting many such sessions, in future"

Lead point person from Human Capital and Diversity, Accenture India.

WORKING WITH ENTERPRISES

In this project year, INSA-India was able to share its experiences with several corporate at a variety of Platforms, including the Joy of Giving (Dhan Utsav). However, its reach is so far very limited, even though the CSR Act is in place. INSA-India now works in close collaboration with Social Convergence, to build our strategy for resource mobilization and working with corporate. Several concepts for promoting child protection, gender equality and youth empowerment have been written up and contact with corporate. We facilitated sessions on Skills for Child Protection for Accenture Inc, who linked units from 6 other cities to the 2 hour session. The sessions included a brief of Eric Erikson's psychosocial development and incorporated gender elements to parenting, what is child abuse and how to respond to it. A brief on positive parenting was discussed during the discussion time.

OTHER PROGRAMS

ELDERLY CARE:

The elderly are at the cross roads. They need recognition as productive members of society for a life with dignity—
- not our charity

In collaboration with AVS, INSA-India developed a Curriculum for the Care of the Elderly.

This curriculum was vetted by other experts and preparation for the first 6 months

Course for care givers is on now. With the dawn of nuclear families and globalization, the elderly are lonely, neglected and live on the margins of their families, society and considered “burdens”



SHORT TERM WORKSHOPS:

IINSA-India facilitated 99% of workshops of child protection, youth empowerment, life skills development and gender equality for the non-profit sector. The NGOs were lead NGOs like World Vision, India for whom we facilitated Project Proposal Development for Child Empowerment. Others included organizations working with children who are differently abled viz., APD, Orione Seva Christ University.

MEMBERS OF FORUMS/COALITIONS

ACTION 2015

ASHA FORUM-BANGALORE

ACTION PLUS COALITION

INSA-INDIA CORE GROUP

FORUM FOR GENDER JUSTICE

CHILD RIGHTS OBSERVATORY, KARNATAKA

CACL

HUMARA BACHPAN

INSA-India inputs strengthens child participation vision and systems building

RESEARCH STUDIES UNDERTAKEN THIS YEAR:

Exploring the scope of setting child protection systems and programs in health care institutions - CRY Fellowship

A research study on Child Abuse and Exploitation (underway)

Needs Assessment Study of Learning Needs of Adolescents for Promoting Adolescent Health
(Collaborative study with SJTI, PI, KHPT)

THE GOVERNING BOARD:

The governing board remains unchanged. They continue to support the INSA-India administration and programs actively.

President: Dr. (Mrs) K. Reddemma

Secretary: Dr Rajaram Subbian

Treasurer: Prof. S. Rajgopalan

Members:

Dr. Ali Khwaja

Mrs. Indira Swaminathan

Mrs. Sadiqa Peerbhoy

Mrs. Robin C Davis (ex-officio)

The INSA-India team

THE INSA-INDIA LEAD FACILITATING TEAM

Edwina Pereira—Program Director Training has 29 years of experience in facilitating and evaluating community health and development, child protection, gender equality and systems building. She is a CRY Research Fellow.

Florence Jasmine David, has 18 years of experience in administration of health programs and INSA-India's financial lead and authorized signatory.

Agatha Shekar and Charlet MM a post graduates in Sociology have over 20 years of experience in facilitating promoting adolescent health, HIV prevention, advocacy, women empowerment and child protection.

Padmavathy. T is the finance officer since 2000 who facilitates financial management for NGOs.

Venkatalakshmi and Amudha secretarial help for all the projects.

Selvi and Araveena they support and take care of office.

INSA-India has a core team of people and supported by 400+ volunteers, who are core group members having completed the Community Health and Development Trainer programs and are still in touch with us. Scale up of programs have been undertaken with their participation.

Neither staff nor governing board is related to each other. INSA-India is secular.

ALLEVIATION OF POVERTY-INNOVATIVELY

| Theme | Men | Women | Total | Boys | Girls | Total |
|---|-----|-------|-------|------|-------|-------|
| Child Protection | 31 | 25 | 56 | 221 | 1911 | 2132 |
| Like Skills Education | 35 | 31 | 66 | 0 | 0 | 0 |
| Gender & Sexuality | 51 | 58 | 109 | 0 | 0 | 0 |
| Child Leadership Building | 8 | 10 | 18 | 15 | 18 | 33 |
| Prevention of Sexual Harassment | 48 | 313 | 361 | 0 | 0 | 0 |
| Women Empowerment | 111 | 245 | 356 | 0 | 0 | 0 |
| HIV & AIDS | 0 | 0 | 0 | 93 | 102 | 241 |
| Global walk-Right to Life of the Girl Child | 150 | 400 | 550 | 500 | 102 | 241 |
| RTI | 55 | 35 | 90 | 0 | 0 | 0 |

CHILDREN—FROM TAKING TO GIVING In one of the child parliaments, in Carmelaram, Bangalore, and children were all living with HIV. The Children's Home in which they lived provided love, care, roti, kapada, makhan and education to them. Being children who were orphaned, and stigmatized because of HIV, children were happy to receive and follow the management orders. The Child Parliament was formed in 2011 by INSA-India as a pilot. Children happily elected their Prime Minister, who then selected an Education, Law, Sports, Environment and Health Ministers. Each Ministry had a male and female Minister. Even this year, children worked out their challenges, and prepared plans to overcome them, manage adolescence and gain life skills. They found ways to stop wasting food, take their medications regularly, create vegetable gardens, learn about pricing and ran marathons. This year, they formed a child protection committee too. They have won several awards and were leaders for **over** 400 children living with HIV who came there for life skills camps. This organization is also a LEARNING SITE ORGANISATION for others caring for children living with HIV.

CHILDREN STOP CHILD MARRIAGES

In two of the child parliaments in school settings, children realized their classmates had dropped out of school. On seeing this, the child parliament decided to visit their home. When they heard that their classmates' marriage was being prepared, they spoke to the parents of the children. They pleaded and shared their views with the family and the community. The children rejoined school and their marriages were postponed.

BOYS PLEDGE TO PROTECT GIRLS:

Following a detailed empathy building exercise, boys have pledged to protect girls, who used to get eve teased and harassed on their way to school. Girls now only take public roads and walk in groups to protect themselves too. Boys and girls are preparing boundaries to manage their emotions of love, common in adolescence.

WORKING TOWARDS A JUST SOCIETY LIVING WITH HEALTH AND DEVELOPMENT

Walk for Clean & Environment, Bangalore



CHILD PARLIAMENT

Global walk for India's Missing Girls Child-Pledge



Life Skills Program in HLL Life Care Ltd, Belgum



Search follow Up



pledge taking



head workshop @hotel Ramada



We need support for:

- Creating e-games on child protection using our methods
- Designing our children's books on child protection
- Medical support for children from the parliaments
- English and maths teacher volunteer in one of the schools

Donate and see the results

From abroad

State Bank of India
SB a/c 10448471829
Swift: SBININBB 112 or
SBIININBB 169

In India

Canara Bank
A/C 0429101009948
IFSC CNRB0000429
MICR 560015007

OUR DONORS AND PARTNERS THIS YEAR

- A. The Ford Foundation Endowment Grant helps sustain INSA-India's Sexuality Rights and Youth Empowerment program
- B. The Charities Aid Foundation and Microsoft Inc GAYE Program funds are used to strengthen the child parliament program for child protection
- C. USAID lead KHPT reimburses our work to the Orphan and Vulnerable Children's SPECIAL project for children living and affected by HIV and AIDS
- D. UNFPA's support to SJRI reimburses our work to the Adolescent Education Program Plus project for developing the Modules , training Master Trainers and mentoring their training nodal teachers in 75 Navodaya schools of South India
- E. Individual donors who have seen our work and continue to support us.
- F. The Action Plus coalition that supports our gender equality work.
- G. Partners like NCCI, CSI, Prayas, and 400 others who are linked such that we can scale up programs across the country at any given time.

CONCLUSION


INSA-India became 33 years old this year. The due diligence done by KHPT for the USAID project and the Charities Aid Foundation strengthens our value for working with sound financial and programmatic systems in place. However, it is our first year, when we have begun dipping into our reserves. We urgently need to raise Rs. 50 lakh each year to sustain the game changing work we do. We were the first organization in the country to begin training trainers for village health programs (1982); HIV prevention education in schools (1989) policy development for HIV (1991 and then directly scaled up in 2007). In the coming three years we are advocating that every child care institution has a child protection policy and programs (since 2010), empower 16000 children living with HIV towards social protection, train 5 teachers in 75 schools to promote adolescent health for 40500 children, build gender equality and inclusive non-discriminatory workplaces.

Most of our staff have been here long years, because we see change...villages where there is no debt, where 100% children are in school regularly, where adolescents living with HIV have decided not to commit suicide, over 400 organizations that are now lead organizations working towards 'a just society living with health and development'. We thank our founder director, Sujatha de Magry and Global Health Action for their visions and grounding. We thank our children, youth, donors and partners for supporting our work. We invite more volunteers, organizations and corporate to partner with us.



Edwina Pereira
Program Director-Training

Edwina Pereira
Program Director-Training



Florence Jasmine David
Program Director-Administration

Florence Jasmine David
Program Director-Administration

Contact insaind@gmail.com for detailed information on any of our programs

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