

ANNUAL REPORT

2017-2018



INSA-India
INTERNATIONAL SERVICES ASSOCIATION

**International Services Association
INSA-India**

24, Benson Road, Benson Town

Bangalore 560046

Tel 91 80 23536633

Email: insaind@gmail.com

Web www.theinsaindia.org

Introduction

“Human Rights are NOT an Optional”

When a child is born there is celebration and when a child is abused there is only limited reactions but when a child is sexually abused there is minimally limited options for the judiciary, the abuser, and the child.

‘A just society living with health and development.’

INSA-India has been in the process of contributing towards fulfilling the vision, in spite of the many challenges. In the past decade the focus has been expanded towards child well being both in the families and communities to build self-resilience and abuse prevention skills in children. Ever since the grants have stopped and as projects concluded the staff team has been minimised to the present a small team. Supported by the committed Governing Board this team has continued to work for the well-being of children, especially the most vulnerable ones. The program is also inclusive of Reproductive Health Education among rural and urban girls studying in Government and BBMP Schools with small grants received.

We present this annual Report with minimum words and maximum gratitude for all the blessings that we have received during the year 2017 to 2018.

THE CHILD PROTECTION PROGRAM SUPPORTED BY CHARITIES AID FOUNDATION (CAF-India)

CAF India- Summary of expenses for the year 2017-18			April to June 2017	July to Sep 2017	Oct to Dec 2017	Jan to Mar 2018
	FCRA	Local				
Total Grant received	-	-	-	-	-	-
Opening balance	66,365	2,34,258	-	-	-	-
Add-From local Account	10,120	-	-	-	-	-
Expenses	76,485	47,562	27,782	80,645	5,620	10,000
Closing Balance as on 31/03/2018	Nil	1,86,696	-	-	-	-

In this period we did not receive any funding support from CAF. Although there was a meeting between the organizations, due to change in staff, and Microsoft Inc. withdrawing their support to CAF INSA-India did not receive any grants... However, the child parliaments that needed mentoring continued.

Key outcomes have been that children in these schools and centres have started addressing key issues like, bringing back school dropouts, stopping child marriage and child labour and prevent abuse of children both within the families as well as in schools and communities.

Some of the child parliaments for the year 2017-2018 that needed mentoring continued. Mallikarjunaswamy High School was in the verge of closing but through the effort of teachers it is revived and they requested INSA-India to re-form the Children Parliament and the process has been undertaken.

List of Child Parliament

Sl. No.	NAME OF INSTITUTION	Name of the Child Parliament	Std	Girls	Boys	Total
1.	St. Anthony School No. 473, 2 nd Main Road V. S Garden Jag Jeevan Ram Nagar Bangalore-560018	MILKY BAR	5 th , 6 th & 7 th	13	15	28
2.	Binny Middle School Binnypet Bangalore-560023	PEACOCK	5 th , 6 th & 7 th std	12	06	18
3.	Binny High School Binny Pet Bangalore-560023	ROJA	8 th , 9 th & 10 th std	5	15	20
4.	St. Peter & Paul School Rayapuram, Mysore Road, Bangalore	WHITE ANGELES	5 th , 6 th & 7 th	24	12	36
5.	AuxiliumNavajeevan Society JagJeevan Ram Nagar, Bangalore	VISMAYA	1 st to 7 th std	14	16	30
6.	Shri. Mallikarjunaswamy English Medium High School # 985, 2 nd Cross A.K Colony, BSA Road, Bangalore-560 005	WISDOM	8 th , 9 th & 10 th std	43	61	104

Koala & Bunny Books

Mr. Alan Smith is an Australian multi-talented originator supporting for Child Protection strategies and designed and developed 'Koala and Bunny' story colouring book which provides a simple platform for children to have conversations about protective behaviours. Supported with design and printing cost by Alan Smith from Australia.



Koala and Bunny books displayed in Binny Middle School

Koala and Bunny is a great way of touching on and dealing with the delicate and sensitive issue of prevention of sexual abuse, while also bringing the message of health and hygiene. It is Excellent, Simple and a fun story for children. Not only does it teach the kids to protect themselves against predators, but also to look after their own health and well-being.

3006 Koala & Bunny books were distributed and trained concerned teachers using the books in following Institution/Care homes/Anganwadi and schools.

List of Institution/Care Homes/Anganwadi

Sl. No.	Name of the Institution/Care Homes/Anganwadi	No. of books distributed
1.	World Vision India, Bangalore	1030
2.	World Vision India, Bangalore	30
3.	St. Joseph's Indian Primary School	82
4.	World Vision India, Bangalore	1000
5.	St. Joseph Indian Primary School, Bangalore	125
6.	Child First Foundation, Bangalore	20
7.	Sri. Sharada Vidya Mandira, Bangalore	70
8.	Navajeevan Children's Home	25
9.	St. Anthony School	130
10.	Binny-Anganwadi School	30
11.	St. Peter and Paul school	50
12.	Shastri School	220
13.	Ayyappan school, Marappa Garden	169
14.	Anganawadi-Bedarahalli, Bangalore	25
	Total	3006

SHORT TERM WORKSHOP/MEETINGS-ANNUAL

Other Workshop/Meetings/ Discussion-Summary for the year 2017-2018		April to June 2017	July to Sep 2017	Oct to Dec 2017	Jan to Mar 2018
Total Contribution Received	4,99,020=00	1,78,500	2,24,000	96,520	-

WORLD VISION: Anganwadi teachers from the world vision project areas were trained on how to educate children on protective behaviours using Koala and Bunny story telling book with painting for children. Most of the teachers promised to start educating children on protective behaviours and World Vision will continue to support the Anganwadi teachers so that children are skilled enough to protect themselves. INSA-India has shared with the Anganwadi Teachers the Behaviour Protocol for Child Protection in English and few in Kannada and Child Rights Convention - Snake and Ladder to reinforce Child Rights Articles.

BMSSS: Bangalore Multipurpose Social Service Society still continues to work for the good health of young people in schools and colleges to enable them to prevent HIV and AIDS since they are most vulnerable to getting infection. The Society is working in major four regions of Kolar, Malur, Srinivaspura and Bangarapet. INSA-India facilitated capacity building training and a review of the same during last year. BMSSS looking forward for effective session by the project team and hence, refresher training was facilitated.

FEVOURD-K: Total 325 NGOs from Karnataka which are registered under FEVOURD-K. Organization membership registration for the year 2016-2017. The discussions are Activities for the year 2018, planning of participation in Bharath Yathra (Protection of Children), Making diary for 2018 and AGM continued with their election.

Sl. No.	Theme	Organized by	Male	Female	Total	Date	Place
1.	POSH COMMITTEE MEETING	BMSSA	1	9	10	5 th Apr 2017	BMSSA Bangalore
2.	Health & Hygiene, balanced diet healthy habits of eating, Personal Safety.	Concern India Foundation	16	12	28	27 th Apr 2017	APSA Bangalore
3.	Health and Hygiene, I me and My body and Self Esteem	St. Ann's	-	-	Girl children 25	10 th & 5 th May 2017	Bangalore
4.	Instilling protective behaviours in children	World Vision India	1	29	1	23 rd May 2017	SCM House Bangalore

5.	Workshop for staff on Formation of Child Parliament	Ananya Trust	7	6		24 th May 2017	Chikkabel andur
6.	Instilling protective behaviours in children	World Vision India	-	24	24	13 th Jun 2017	SCM House Bangalore
7.	Training on HIV and AIDS	BMSSS	2	3	5	20 th & 21 st June	BMSSS
8.	Annual Meeting for NGO Networks	FEVOUR D	74	22	96	20 th July 2017	Dream India Bangalore
9.	Child wellbeing-Think Tank-1	Child First Foundation	2	13	15	12 th Sep 2017	Ashirwad Bangalore
10.	Microsoft Giving Campaign	Charities Aid Foundation India	8	9	17	20 th Sep 2017	Microsoft India Development Centre, Lavelle Road

Partner Program - Adolescent Education Program plus supported by SJRI and UNFPA. The project period closed in the month of July 2017

AEP+ Summary for the year 2017-18		April to June 2017	July to Sep 2017
Total contribution received	1,27,856=00	92,036	35,820

Sl. No.	Theme	Organized by	Male	Female	Total	Date	Place
1.	Review of 5 days AEP+ curriculum	SJRI/UNFPA/NCE RT/NVS	7	8	15	8, 9 & 10 April 2017	New Delhi
2.	Adaptations and Final review of 5 day curriculum,	SJRI and PLEDGE Academy	5	7	12	2 nd & 3 rd June 2017	New Delhi

Child Protection Program supported by KHPT-USAID OVC SPECIAL Project:-The project period closed in the month of June 2017

USAID OVC Project- Summary for the year 2017-2018	April to June 2017
Contribution received	76,300=00

Sl. No.	Theme	Male	Female	Date	Place
4.	Tot workshop on Child Leadership	22	28	6 th to 8 th April 2017	Mumbai
5.	Mentoring workshop on Child Leadership	9	15	10 th to 13 th April 2017	Pune
6.	Mentoring workshop on Child Leadership	10	19	24 th to 27 th April 2017	Thane

Partner Program ---ANANYA Trust, Chikkabellandur-Child Parliament Formation and Follow Up. The project period closed in the month of September 2017.

Ananya Trust –Summary for the year 2017-2018		April to June 2017	July to Sep 2017	Oct to Dec 2017
Total contribution received	89,181=00	39,783	-	49,398



ANANYA takes care of children from different slums of Bengaluru. They are vibrant and energetic. These children learn subjects in a non-formal way with innovative methods from the volunteer teachers. They also write their exams in the National open school system. Ananya Trust requested INSA-India to facilitate formation of Children Parliament and Children decided to have two Parliaments with boys girls mixed and Age-wise distribution of children in both the groups. Now the children started to have their meetings and taking most of the responsibilities in the organization. Ananya is

recognizing the changes in children and they hope that this process will enable children to take up bigger responsibilities.

The organization takes care of children from different slums of Bengaluru. They are vibrant and energetic. These children learn subjects in a non-formal way with innovative methods from the volunteer teachers. They also write their exams in the National open school system.

Ananya Trust requested INSA-India to facilitate formation of Children Parliament and Children decided to have two Parliaments with boys girls mixed and Age-wise distribution of children in both the groups. Parliament meeting and feedback details shared by children are always given by INSA-India team. Ministers and point person are to prepare penalty list.

Discussed with Ananya Staff suggestion was given to go through Life Skill Training.

Date	Theme
24/05/2017	Workshop for staff on Formation of Child Parliament
08 & 09/06/2017	
	Child Parliament Oath taking and Child Protection Policy review
04/08/2017	Child Parliament Follow up visit
13/10/2017	Child Parliament achievements and successes, Distribution of Diary
08/12/2017	Session on Child Parliament follow up session
31.01.2018	Session on Child Parliament follow up session
21/03/2018	Session on Child Parliament follow up session

ANANYA TRUST A SUCCESS

In 2017-18, Ananya Trust decided to introduce the idea of Child Parliament *in with the idea that - “With great power comes great responsibility”*.

International Services Association (INSA) was recommended by Fr. Mathew who is the founder of Snehagram which is taking care of children both HIV positive as well as others in Krishnagiri because of their success and positive experience of having Children Parliaments which was facilitated and followed up by INSA-India.

The first step was to get the children to develop a vision for ANANYA for the year 2017 – 2019 which is

“In order to be happy, help others and achieve our goals, realize our dreams and stay healthy in our campus.

Thus the five ideals of Ananya Trust – Peace, Education, Health, Environment, and Sports & Culture were adapted into the vision developed by the children for which the process was facilitated by INSA-India.

The second step was the formation of two constituencies –Sky High and Lucky. Then the process of election was conducted by INSA-India with help and support of the staff from ANANYA TRUST.

Orientation on the responsibilities of the ministers and the children was explained with games and activities for leaning behavior changes to enable practice of the ideals of ANANYA TRUST.

The children took a pledge at the end of the session to achieve the five ideals of Ananya as envisioned by them.

A few days later, we had the oath taking ceremony for the ministers. The ministers were told to take help from their ministry and work on their action plans which were reviewed during cabinet meetings every Wednesday.

Regular Activities

♣ Cabinet Meetings:

Cabinet meetings were held every Wednesday in the presence of ministers and the speakers to discuss achievements and difficulties in the execution of the action plans. A log book was maintained by the cabinet to note down the minutes of the meeting.

♣ Parliament Meetings:

Parliament Meetings were held once a month. Everyone including students, teachers and volunteers were present at the meeting along with an INSA mentor and guide.

All issues, challenges and achievements in the implementation of the action plans were reviewed in the meetings.

Outcomes:

- ✚ The Child Parliament initiative helped in bringing a sense of ownership amongst children
- ✚ The Parliament Meetings provided the opportunity for the entire school to come together, and younger children participated and felt their voices were heard
- ✚ Within the ministries the children started to work with each other and execute plans as a team.
- ✚ There was a decrease in violence as children took on the responsibility of maintaining law and order
- ✚ Many children grew in confidence and maturity in handling difficult situations

One of the negative impacts which need to be addressed is the ability to differentiate between a democratic and an autocratic leadership.

Partner Program- Supported by Concern India Foundation – Sri. Sharada Vidya Mandira, Thippasandra, Gunjur.

Concern India Foundation- Summary for the year 2017-2018	April to June 2016	July to Sep 2016	Oct to Dec 2016	Jan to March 2017
Total Contribution Received	-	71,000=00	14,100=00	-
Resource fees	-	54,600=00	10,800=00	-
Expenses	-	16,400=00	3,300=00	
Closing Balance	-	-	-	-



**Sharing Safe touch pictures
Sri. Sharada Vidya Mandira**

Shri. Sharada Vidya Mandira is situated outskirts of Bengaluru around 30 km away. The Pre-Primary, Primary and Middle school is English Medium and High School is Kannada Medium and it is an aided school. One of the Corporate is supporting the school for infrastructure and Mid-day meals come from Adhanya Chethana. Concern India Foundation requested INSA-India to facilitate sessions on Adolescent Reproductive Health for High school students with gender sensitivity aspects covered for boys. The Primary and Higher Primary students are getting education on WASH with follow up sessions focusing on safe and unsafe touch and skills to protect themselves.

SRI. SHARADA VIDYA MANDIRA					
Sl. No.	Theme with contents	Class	No. of Students		No. of sessions
			Girls	Girls	
1.	Health and Hygiene	LKG, UKG, I, II & III	37	29	2
2.	WASH session and follow up	IV, V and VI	15	18	2
3.	Reproductive Adolescent Health and Gender Sensitivity Safe and Unsafe touch, Assertive skills Boundary Settings My Protectors Protecting self Assertive skills Boundary setting Rights with responsibilities Key messages Art event-Exhibition KishoriSangha Formation	VIII, IX & X	59	59	3
GOVERNMENT HIGHER PRIMARY SCHOOL					
4.	Health and Hygiene I am Precious Hygiene, Sanitation, Cleanliness, Hand wash Safe and unsafe touch Assertive skills Boundary settings My protectors Drawing /slogans	I to VII	22	45	2 sessions

GOVERNANCE: The Governing Board of INSA-India

Sl. No.	Name & Address	Age	Occupation	Post/ Status
1.	Dr.(Mrs.) K. Reddemma 58/2, The Raju Farm, Sakalwara Village Jigani (H), Anekal (T) Bangalore-560083	68	Nodal Officer – National Consortium for Ph.D in St. John’s College of Nursing, Bangalore, WHO Project Coordinator Education Committee - Indian Nursing Council Member	President
2.	Dr.S. Rajagopalan 82/ 1 F, 4 th Main Road, Kinatukara Buildings, Malleswaram Bangalore-560003	61	Professor International Institute of Information Technology, Bangalore	Treasurer
3.	Dr. Rajaram Subbian C410, Cassia Brigade Millennium JP Nagar, Bangalore-560078	65	Executive Director Basic Needs India	Secretary
4.	Mrs. Indira Swaminathan 14, Suddaguntepalya, C.V.Raman Nagar P.O. Bangalore – 560093	76	Consultant- Child Education Technologies and processes	Member
5.	Dr. Ali Khwaja Banjara Academy 418, 1st Main 1st Block, R.T. Nagar, Bangalore- 560032	67	Founder Professor in Behavioral Science & writer	Member
6.	Ms. SadiqaPeerbhoy 16/21, BinnyCresent Rd., Benson Town Bangalore-560046	66	Independent Consultant Columnist	Member
7.	Dr. Maya Mascarenhas # 001 Maria Melodie, 14 th High Street Cook Town Bangalore-560005	54	Programme Officer MYRADA, Bangalore	Member
8.	Ms. Gowri B.S # 436-D, 2 nd Cross Ideal Homes Township, Rajarajeshwari Nagar Bangalore-560098	53	Facilitator in MAYATRAC, Bangalore	Member

9.	Ms. Sreeja U-12 A. 1 st Floor Green Park Extension New Delhi-110016	52	Founder, Chief Functionary and Secretary India Education Collective	Member
10.	Mr. Sharath Krishnan No. 8 Duo Enclave Kodichikenahalli Main road Bilekahalli, Off Bannerghatta road Bangalore-560076	39	Consultant- India Education Collective	Member
11.	Ms. Florence Jasmine David # 24, Benson Road Benson Town Bangalore-560046	61	Program Director International Services Association-INSA-India	Staff Representative
	Vacancy			Vice President

STAFF PROFILE OF THIS PROJECT YEAR 2016-2017

Sl. No	Names of the staff	Qualification	Designation
1.	Florence Jasmine David	R.N.,R.M.,Pc. B.Sc(Nsg), IHMC,Atlanta, Adolescent Counselling, Life Skills Diploma	Program Director
2.	Agatha Shekar	M.A - Sociology Adolescent Counselling	Program Officer
3.	Padmavathy.T	B.Com	Accounts Officer
4.	Charlet M.M	MA Sociology Adolescent Counselling	Program Officer
5.	Venkatalakshmi.B	BA	Secretary
6.	AmudhaValli	Diploma in Secretarial Practice	Project Secretary {Relieved on 31/05/2017}
7.	Selvi.R	8 th std.,	Office Help

THE CHARTERED ACCOUNTS:

The Chartered Accountants for this year remain Messrs. Krishnamurthy Subramanyam and Harish located at Shravana, 10/35, 1st Floor, 16th Cross, Gayathri Devi park, Vyalikaval, Bangalore 560003.

CONCLUSION

No organization can ever be successful without the mutual support, assistance and contributions of both the organization and its partners. Every child that we have worked with has learnt from us as well as taught us different perspectives of looking at things in life. Their vibrant energy has always inspired us.

INSA-India is extremely grateful to our donors- the Ford Foundation, Concern India Foundation and other organizations for their confidence in our ability and efficiency and providing to us the financial support we needed. Conducting the projects would not have been possible without their support.

We are thankful to the Governing Board for investing their faith and time and supporting our organization through all its endeavours. We also appreciate and acknowledge the team efforts of the staff in executing and completing the programs planned during the reporting period. Also, the efforts of the school staff and care-givers and their cooperation helped us to conduct the programs efficiently.

We appreciate the tolerance of the school management and the staff to the stress of accommodating our programs between their regular schedules and then taking the extra effort to complete the school syllabus. In the end we have gained the satisfaction that we have helped make a difference in so many children's' lives and built their resilience to prevent and protect themselves from the abuse, violence and negligence faced by them in today's world.

Reported by,



Ms. Agatha Shekar
Program Officer



Florence Jasmine David
Program Director

Miss. Florence Jasmine David
Program Director

GLOSSARY

AEP	:	Adolescence Education Programme
AIDS	:	Acquired Immune Deficiency Syndrome
ART	:	Antiretroviral therapy
BMSSS	:	Bangalore Multi-purpose Social Service Society
CAF	:	Charities Aid Foundation
FUV	:	Follow Up visit
HIV	:	Human Immunodeficiency Virus
INSA	:	International Services Association
KHPT	:	Karnataka Health Promotion Trust
NCCI	:	National Council of Churches India
NGO	:	Non Government Organization
ORW	:	Outreach Worker
OVC	:	Orphan Vulnerable Children
PLHIV	:	People Living with HIV
SJRI	:	St. Johns Research Institute
TOT	:	Training of Trainers
UNFPA	:	United Nation's Population Fund (earlier called United Nations Fund for Population Activities)