

# ANNUAL REPORT

## April 2015-March 2016



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## **INTRODUCTION**

### **FEW OF THE STARFISHES WE ENGINEERED THIS YEAR**

**“Along a sea shore a man painstakingly lifted a star fish that was one of the millions washed ashore. He threw it back into the sea. He continued to do the same with many other star fishes. His friend asked him, “What are you trying to do. How can you make a difference? There are millions on this sea shore sure to die!” The man bent, picked up one more star fish. As he threw it into the sea he replied, “It made a difference to this one!”**

At INSA-India, we do see the challenges as a whole. Through trying out innovative approaches, we showcase our work and the Starfishes that are transformed. We share a few snippets here of individual stories of hope.

#### **LAMINA'S STORY**

In a remote village in Gujarat, a 11 year old girl, Lamina (name changed) stopped coming to class because a boy was calling her nick-names. Lamina's friends shared her distress with the Child Protection Committee. Members of the Committee visited the boy's house and spoke to the boy and parents. The child protection committee had a village meeting where they reinforced the value of every child – girls and boys and how all have to be treated well without bullying and eve teasing. Now Lamina and many girls like her that had stopped coming to class are regular. The boys have decided to ensure that girls are safe on the streets, walking towards the class in the evenings. This was possible through INSA-India's capacity building on Child Protection systems development that was implemented by the participant.

#### **CHILD MARRIAGES IN HARYANA?**

In a small town in Haryana, child marriage is the norm. Girls are forced to drop out of school when they attain puberty. Rani, a participant of the SEARCH Trainer Program facilitated by INSA-India, began a Child Rights Education Programme in this village. As part of the programme, she undertook a phased family advocacy programme on child rights. She also taught the children about Child Rights and corresponding responsibilities. Presently 90 girls, who otherwise would have “been married off” are continuing school after attaining puberty with support of their families.

#### **YOUTH EMPOWERMENT IN UTTAR PRADESH**

In Rural Uttar Pradesh, unemployment of youth is visible. After a participatory needs assessment process, two of the participants from the SEARCH Trainer programme had a meeting with identified youth and together made a micro-plan for work under the MNREGA scheme. 25 youth were given jobs under the scheme. A literacy programme enabled 90 male and female youth to appear for the

examination on 15<sup>th</sup> March 2015. Another 17 youth have taken a decision to motivate families to construct and use toilets under the Swachh Abhiyan programme.

### **CLOSING THE BORDERS OF CHILD TRAFFICKING**

To reduce the porosity of child trafficking from Nepal to India, Deepshikha, a participant of the 2014 SEARCH programme, learnt about child protection in great detail. The many games methods she learnt in the programme became the entry to facilitating the Border Security Forces and police on Child Protection and anti trafficking. She engaged NGOs in the Indo-Nepal borders of Bihar and UP .As a result, several children that were being trafficked were rescued post the Nepal series of earthquakes on 25<sup>th</sup> April 2015.

### **RAMU'S STORY:**

Ramu (name changed) was very good at pick-pocketing. He was recruited by a local gang. He was doing this for the past two years and had failed the previous tests at school. His father was an alcoholic and mother sickly. Ramu participated in one of the life skills programmes facilitated by INSA-India supported by **CAF/Microsoft Inc**. At this time, he opened up and shared with us how he would 'bunk school' and hang around with this gang and enjoy pick-pocketing and its spoils. Being part of the Child Parliament that began in his school, Ramu received continuous mentoring and support. Today he and 23 others like him attend school regularly and has stopped pick-pocketing. The local child helpline was informed of the gang's modus operandi of recruiting children.

### **KANAGA'S STORY**

Kanaga (name changed) was not doing well with her studies. Her parents were disappointed. At 13 years of age, she seemed too slow. Her mother decided that it was best to get her married. The staff of the school had participated in INSA-India's Child Protection Programme supported by **CAF/Microsoft Inc**. They had developed a Child Protection Policy draft. The staff of the school counseled the mother, and invited Kanaga to be part of the late evening tuition programme. Seven other children faced the similar situation. The eight children were given special education support. Seven of them passed their final examination. One failed. But all parents have now decided that their daughter would continue their studies.

INSA-India's work this year has facilitated lead organizations, child parliaments and the government to scale up similar processes for child protection and resilience building. We know of these starfishes through the Follow up workshop that happens for every Trainer group a year after their training and follow up visits. This Annual Report showcases our work with them.

## THE SEARCH NATIONAL PROGRAM

### SUPPORTED BY THE FORD FOUNDATION ENDOWMENT GRANT

#### **BUILDING CAPACITIES OF ORGANISATIONS TO STRENGTHEN COMMUNITY HEALTH, DEVELOPMENT, CHILD PROTECTION AND RESILIENCE BUILDING PROGRAMME:**

In 2014, INSA-India facilitated the 56<sup>th</sup> residential Community Health, Development, Child Rights and Resilience Building Trainer Programme. Since then, as with earlier programmes, INSA-India followed up the 20 participants that came from across the country through direct visits in the places they work, e-mentoring and team building. Follow up visits to the remaining participants were undertaken in this project year. A brief of each follow up visit is depicted in Table 1



Facilitation on Koala & Bunny books during the SEARCH FUW

**Table 1: Follow up visits undertaken this project year**

S.No	Name of participant and organisation	Place	Dates of visit	Brief Outcomes of project visit
1.	Prabhas NSM	Kanpur, Uttar Pradesh	14 <sup>th</sup> -19 <sup>th</sup> April 2015	Children in remote rural areas admitted into school. Life skills and child rights with responsibilities for children ongoing.
2.	Sandra PGSSS	Desai, Deoria Uttar Pradesh	20 <sup>th</sup> -22 <sup>nd</sup> April 2015	Empowering youth aged 15-25 years for livelihoods through accessing government skills development schemes and social protection schemes.
3.	Praveena PGSSS	Kushinagar, Uttar Pradesh	23 <sup>rd</sup> -24 <sup>th</sup> April 2015	Literacy and gender equality programmes for youth 15-35 years
4.	Rani Blesso NSM	Ratia, Haryana	9-11 <sup>th</sup> May 2015	Over 100 children answering questions correctly on Child Rights. 100 children admitted into formal schooling.
5.	Hema Santosh OASIS	Bangalore, Karnataka	20-23 May 2015	108 youth placed in jobs after skills based training and family support
6.	Githin, MAYA	Bangalore, Karnataka	11 <sup>th</sup> & 12 <sup>th</sup> May 15	Began an innovative program for Health Navigators for promoting wellness in Channapatna near Mysore.

7.	Rasul Bhai SISU	Vyara, Gujarat	10-12 <sup>th</sup> Sept 2015	69 Boys and 74 girls retained in school with child rights education and parental advocacy with 137 fathers and 259 mothers of children.
8.	Samuel NSM	Selemba, Gujarat	15 <sup>th</sup> -16 <sup>th</sup> Sept 2015	1200 children recognize safe and unsafe touch and what to do in response
9.	Karunakaran NSM	Ahwa, Gujarat	17 <sup>th</sup> -18 <sup>th</sup> Sept 2015	Child Protection Policy and system developed for 3 children's homes /hostels and neighboring school.
10.	Vijayalakshmi FLRHT	Kanagala, Karnataka	28 <sup>th</sup> – 30 <sup>th</sup> Sept 2015	700 school going students educated on using life skills for child protection
11.	Satteppa FLRHT	Kanagala, Karnataka	28 <sup>th</sup> – 30 <sup>th</sup> Sept 2015	Reduced unemployment for youth through linking with MNREGA and other schemes and job preparatory classes.
12.	Deepshikha PRAYAS	Delhi	12 <sup>th</sup> May	Leadership training for staff of three children's homes managed by PRAYAS on role modeling child protection policy implementation. Child protection systems strengthened in Indo-Nepal border.

**INSA-India** believes in these follow up visits, services and continuous mentoring after the residential training facilitates organizations to become the resource for that specified programme in their geographic location and further. A year later, the entire batch is followed up and a weeklong follow up workshop ensues.

The **FOLLOW UP WORKSHOP** for this batch was held from 4<sup>th</sup> to 7<sup>th</sup> October 2015 at Integrated Social Initiatives New Delhi. There were 13 participants (7 male and 6 female) present in the workshop from the participants who are attended in the SEARCH Program August 2014. These 13 participants shared the following outcomes from their work in the one year.

**TABLE 2: QUANTITATIVE OUTCOMES AFTER THE SEARCH NATIONAL PROGRAM**

Sl. No.	Activities/Program	No. of Programs	No. of Villages		Beneficiary Partners		
			Villages	Slum	Male	Female	Children
1.	Child Rights with Responsibility Education	31	1	12	177	202	894
2.	Child Abuse Prevention education, Safe and Unsafe Touch recognition and response	16	11	5	330	400	4729
3.	Child Parliament/Committee formation	4	2	2	174	120	310
4.	Gender & Sexuality	1	1	0	25	40	55

5.	Youth Rights	1	1	0	25	30	20
6.	Enrollment In The Schools	26	15	11	25	65	150
7.	Games, Children's Day celebrations	1	1		10	5	35
8.	T.B Prevention education and Awareness of free treatment	1	1		100	100	100
9.	Smoking Prevention	1	1	1	100	100	100
10.	Diabetic care	1	1	1	100	100	100
11.	Alcohol prevention and management	1	1	1	100	100	100
12.	Resilience Building	2					50
13.	Life Skills Education	7			98	120	18
14.	Awareness Programme Right to food and nutrition	10					320
15.	Awareness Programme on H1N1 prevention	3					55
16.	Programme On Managing Retirement Life	3					85
17.	General Medical Checkup & Menstrual Hygiene	5	15		90	110	190
18.	Awareness On The Issues Of Migration	7	15		75	84	180
19.	Linkage with government child protection and youth livelihoods	7	13	1	29	244	825
20.	Parents Meetings for topics related to child protection, health and wellbeing	15	1		320	410	440
<b>Total</b>		<b>144</b>	<b>81</b>	<b>34</b>	<b>1798</b>	<b>2265</b>	<b>9056</b>

Thirteen participants have been invited to the INSA-India core group after the Follow UP Workshop in October 2015. They were awarded certificates of completing the INSA-India SEARCH Trainer's Programme.

Expenses incurred for the follow up workshop during the year Rs. 2,23,172=00

## CHILD PARLIAMENTS FOR CHILD PROTECTION SUPPORTED BY CAF/Microsoft Inc.

Unless we engage children as partners, child protection is incomplete. The Child Parliaments provide a meaningful process for children to participate in protecting themselves and building resilience. INSA-India facilitates 12 Child Parliaments in 10 different places – children's homes, schools and communities. At the beginning of every academic year, INSA-India re-constitutes the child parliament where children learn their rights with responsibilities. They identify key problems they face and look at meaningful participation to solve them. The purpose of beginning and strengthening child parliaments is hence to:



IHS gift distributing in St. Antony School

- Build life skills and resilience in children
- Develop safety nets for them
- Prepare them to complete academic commitments with their own participation
- Prepare them for skill development including mentorship of other children
- Help them claim their rights and resources for strengthening their safety nets.

Through this, children living in slums, or outskirts, in dangerous areas, living with HIV infection are taught life skills, and work as a child parliament, approaching the government and other stakeholders to strengthen their protection and care.

### Beneficiary Partners covered through the CAF/Microsoft Inc GAYE programme

Age Group	Male	Female
0yrs - 5yrs targeted for child protection	16 Montessori teachers and professionals	94 anganwadi and Montessori teachers
6yrs – 10yrs children in Child Parliaments	25	27
11yrs – 18yrs children in Child Parliaments	110	128

### Activities Conducted:

- Identification and needs assessment of the 10 sites for the child parliaments (poverty, juvenile crime, HIV related, )
- Re-starting of 12 child parliaments. One more child parliament at Sneha Care Home is independent of our support this year. Each parliament makes plans based on their issues. Child's right to protection, education, child friendly environments, health care, prevention from child marriage, beggary, crime are planned for by children.
- Use of Koala and Bunny colouring book and creation of child protection policies in institutions/schools looking after pre-school children
- Children facilitated to take up Swatchh Bharat, child protection advocacy activities.
- Monitoring and evaluation through monthly, quarterly visits to the parliaments.

A summary of the 12 Child Parliaments supported through the CAF Programme and administrative support by INSA-India is given in Table 3 below:

**TABLE 3: Summary of Child Parliaments ( April 2015-March 2016)**

Sl. No.	Topic	Number of child parliaments	Std.,	Boys	Girls	Total No. of Children
1.	St. Antony's School	2	6 <sup>th</sup> & 7 <sup>th</sup>	16	22	38
2.	Binny Middle School	1	5 <sup>th</sup> , 6 <sup>th</sup> and 7 <sup>th</sup>	9	5	14
3.	Binny High School	1	8 <sup>th</sup> , 9 <sup>th</sup> , & 10 <sup>th</sup>	26	2	28
4.	Sri. Mallikarjuna Swamy School	1	8 <sup>th</sup> , 9 <sup>th</sup> , & 10 <sup>th</sup>	29	20	49
5.	Bangalore Tamil Sangh Kamarajar School	2	9 <sup>th</sup>	20	16	36
6.	Milana, Laggere	1		8	12	20
7.	Snehagram	1	Open school syllabus	20	16	36
8.	Milana Ullal Upanagar	2	community	7	32	39
9.	Milana Naganapalya	1	community		30	30
10.	Sneha Care Home	1		20	16	36
		13		155	171	326



### **OUTCOMES OF THE CHILD PARLIAMENTS;**

- In all the child parliaments, regular monthly meetings have happened. Children maintain their registers of their problems and have written letters to the appropriate government authority to enjoy their Right to Education, Right to Protection etc. Children regularly attend school of their own choice. Children have proactively spoken to parents to reduce child drop outs from school. Child marriages have been stopped.
- All children know the number of the child helpline. They recognize safe and unsafe touch and what to do.
- There has been no episode of hospitalization of children living with HIV. 18 of them completed Std 10 examination through NIOS with high scores. Children living with HIV participated in several Marathons in the country and also the child Olympics in the Netherlands.
- Children living with HIV assumed the role of being peer mentors for children living with HIV in other districts.
- 110 Montessori and anganwadi teachers have reached out to other Montessori schools after their training from INSA-India. They use the Koala and Bunny comic drawing books to reinforce learning for tiny tots on safe and unsafe touch and what to do.

### **Achievements through Project Activities:**

a. In St Antony's school the Children were below par in school work. This was a constant worry for the Principal and teachers who expressed their worry at the beginning of the year. Through the Child parliament and the several activities undertaken, including on discipline (rights come with responsibilities), the children are now active and the Principal commented on the transformation in the children. They did do well in their final exams too.

b. Children from Laggere and Naganapalya participated in demonstration of safe and unsafe touch to other children of the locality and took up a Swatchh Bharat procession to ensure that their community was kept clean of garbage.

c. Two Child representatives from Snehagram represented India in the Child Olympics 2015 in the Netherlands. Several of them are healthy enough to participate in Marathons through the extent of resilience building to which the Child Parliaments did contribute. The children from Snehagram have co-facilitated the formation of child parliaments in Bijapur and Kolar too.

d. "The child parliament in Snehagram became the learning ground for children living with HIV infection from other children"s homes. They have not had an episode of hospitalization. The child parliament manages 7 Ministries viz., health environment, sports, culture, home, education and law. In this year, because of the sports ministry ensuring regular practices, two children qualified to participate in the Children"s Olympics in the Netherlands. Children harvested over 175 kgs of vegetables they grew. 18 of them completed writing the 10<sup>th</sup> std NIOS examination. They organized the Grammy nite to showcase culture. They developed the criteria for awarding stars to children as well as „penalties“ for misbehavior. For example if some-body beat another in anger, the law minister would take them separately to teach them anger management and the penalty would be to water five more plants that evening or clean five more

tables. They are a learning site. Children and management from 6 Children’s Homes in north Karnataka and Maharashtra came to study the child parliament. They were children from Snehalaya (Ahmednagar), Karunalay(Kholapur), Dilasa(Sanghli), Palwi(Sholapur) based in Maharashtra and Navasanidhya(Bijapur) , Mahesh Foundation (Belgaum)from North Karnataka .They learnt about ways of working as a child parliament. They have replicated the child parliaments in their children’s homes and the community. All these children homes are for children living with HIV. Reweaving a safety net for them after they turn 18, when the children’s home cannot keep them as of Government rules is part of the process.”

<b>CAF India- Summary of expenses for the year 2015-16</b>			
	<b>FCRA</b>	<b>Local</b>	<b>INSA-India Contribution</b>
<b>Grant received</b>	<b>32,200=00</b>	<b>32,200=00</b>	<b>1,67,344=00</b>
<b>Interest received</b>	<b>0</b>	<b>7,449=00</b>	<b>0</b>
<b>Expenses</b>	<b>1,65,643=00</b>	<b>45,999=00</b>	<b>1,67,344=00</b>
<b>Closing Balance as on 31/03/2016</b>	<b>33,901=00</b>	<b>1,81,508=00</b>	<b>0</b>

## **WORKING WITH ENTERPRISES SUPPORTED BY SAN!**

To strengthen the scope of working with enterprises on enabling non-stigmatizing environments, promoting wellbeing, gender equality and HIV prevention, INSA-India received a small grant from SAN! Netherlands last year. During this period, with support and guidance of Social Convergence, INSA-India developed several concept notes for mobilizing resources from enterprises. We met Enterprises like Microsoft Inc., HIS, VM Ware etc.

In this period based on the key theme likely to get supported, INSA-India developed and shared 12 concept notes with enterprises. This resulted in varied activities that did mobilize resources. The Table 4 gives details of what emerged as programs during this period.

**TABLE 4: PROGRAMMES UNDERTAKEN IN ENTERPRISES**

Sl. No.	Theme	ENTERPRISE	Male	Female	Children	Total No. Pts	Language	Date	Place
1.	Sexual Harassment of Women Prevention Prohibition and Redressal Act 2013	SOBHA Developers	62	20	-	82	English	9 <sup>th</sup> July 2015 19 <sup>th</sup> Aug 2015 26 <sup>th</sup> August 2015	Bangalore
2.	Child Protection	Indian Montessori Centre	10	5	-	20	English	15 <sup>th</sup> October 2015	Bangalore
3.	Child Protection	Indian Montessori Centre	12	8	-	20	English	25 <sup>th</sup> October 2015	Bangalore
4.	Child Protection	Microsoft Inc	90	60	-	150	English	28 <sup>th</sup> October 2015	Bangalore
5.	TaP (Train and Protect) pre-schoolers	VM Ware	20	15	-	35	English	29 <sup>th</sup> October 2015	Bangalore
6.	Child Protection	Indian Montessori Centre	12	8	-	20		30 <sup>th</sup> October 2015	Bangalore
7.	Prevention of Child Labour at Alliance France and discussion on CLPR 1986	Concern for Working Children	30	15	-	45	English	20 <sup>th</sup> October 2015	Bangalore
8.	Curriculum development for Elderly Care	AVC	4	-		4	English	Over 6 months	Bangalore
9.	Resource mobilisation for children of child parliaments	IHC	2	4		6	English	21 <sup>st</sup> Dec 2015	Whitefield, Bangalore
10.	Sexual Harassment of Women Prevention Prohibition and Redressal Act 2013	BMSSA	3	4		7	English	22 <sup>nd</sup> Jan 2016	Yelahanka
11.	Strategic Planning for resource mobilisation	Social Convergence	4	1		5	English	Several meetings	Bangalore

The support also enabled us to mobilize resources from IHS for meeting basic needs of school going poor students. They donated geometry boxes, note books, sketch pens, school bags. Details of this distribution is available on request.

Through this project, we mobilized resources for our website to be re-designed free of cost by Social Convergence.

#### **AS A MEMBER OF THE INTER-AGENCY TASK TEAM FOR HIV IN THE WORKPLACE (IATT) AT ILO, GENEVA**

INSA-India participated in developing to concept papers for ILO on VCT@Work and Insurance in micro-enterprises. Both papers were developed through inter-country coordination of ILO with members of IATT and finalized for presentation at the 2016 International AIDS Conference in Durban.

<b>Summary of SAN SIP! Grant</b>		
<b>Grant received</b>		<b>4,94,730=00</b>
<b>Expenses 2014-2015</b>	<b>1,764=00</b>	
<b>Expenses 2015-2016</b>	<b>4,92,966=00</b>	<b>4,94,730=00</b>
		<b>NIL</b>

## **ADOLESCENT EDUCATION PROGRAM PLUS SUPPORTED BY SJRI/UNFPA**

#### **PARTNERSHIP BETWEEN INSA-INDIA & SJRI –UNFPA, KHPT AND PLEDGE ACADEMY**

The objective of the AEP Plus programme is to develop a systems based approach curriculum for promoting wellbeing in the Navodaya schools (as a pilot), train Master Trainers and Nodal teachers from 74 Navodaya schools of the Hyderabad region and mentor, energise and monitor its progress in this first year. The Navodaya schools are residential schools for students from 6<sup>th</sup>-12<sup>th</sup> standard managed by the Central Government through NCERT. Table 5 and 6 outlines key activities undertaken this year.

**TABLE 5 PREPARATORY PHASE OF THE AEP PLUS PROGRAMME DEVELOPMENT**

Sl. No.	Theme	Male	Female	Children	Total No. Pts	Language	Date	Place
1.	Needs Assessment	70	70	960	1100	Hindi	15 <sup>th</sup> to 18 <sup>th</sup> April	JNV, Pune, JNV, Cuttack
2.	Youth fest AEP+	60	50	-	110	English/Hindi	3rd to 8th May 2015	NCERT, New Delhi
3.	Meeting review in planning	4	2		6	English	21 <sup>st</sup> May 2015	SJRI Bangalore
4.	Module Development revisions	2	5		7	English	August-December 2015	Bangalore
5.	AEP+ Review Meeting with NCERT/UNFPA/NVS	4	10		17	English/Hindi	12 <sup>th</sup> -14 <sup>th</sup> Aug2015	New Delhi
6.	Meeting on Module Adaptations done	2	6		8	English	20 <sup>th</sup> Aug 2015	Bangalore
7.	Module Development revisions presentation	3	7		10	English	September 2015	SJRI Bangalore

These preparations enabled INSA-India under the leadership of SJRI and partnership of Pledge academy and KHPT to complete the Modules. Review meetings with NCERT and the NVS helped to contextualize the Modules. Table 6 outlines activities thereafter;

**TABLE 6: AEP+ PROGRAM BRIEF**

Sl. No.	Theme	Organized By	Date	Place
1.	Meeting on Pretest training	SJRI/NCERT/UNFPA	24 <sup>th</sup> -25 <sup>th</sup> Aug 2015	Bangalore
2.	Meeting on Module Development	SJRI/NCERT/UNFPA	28 <sup>th</sup> Aug 2015	Bangalore
3.	Pretest Training of AEP+	SJRI/NCERT/UNFPA	31 <sup>st</sup> Aug – 11 <sup>th</sup> Sep 2015	Bangalore
4.	Master Training for selected teachers and nurses of JNVs	SJRI/NCERT/UNFPA	21 <sup>st</sup> Sep to 1 <sup>st</sup> Oct 2015	Bangalore
5.	AEP+ Nodal Workshop for nodal team	SJRI/NCERT/UNFPA	1 <sup>st</sup> – 8 <sup>th</sup> Nov 2015	Haveri
6.	AEP+ Nodal Workshop for nodal team	SJRI/NCERT/UNFPA	23 <sup>rd</sup> - 30 <sup>th</sup> Nov 2015	Mahe
7.	AEP+ Nodal Workshop for nodal team	SJRI/NCERT/UNFPA	19 <sup>th</sup> – 27 <sup>th</sup> Nov 2015	Guntur
8.	AEP+ Nodal Workshop	SJRI/NCERT/UNFPA	1 <sup>st</sup> – 7 <sup>th</sup> Dec2015	Hassan

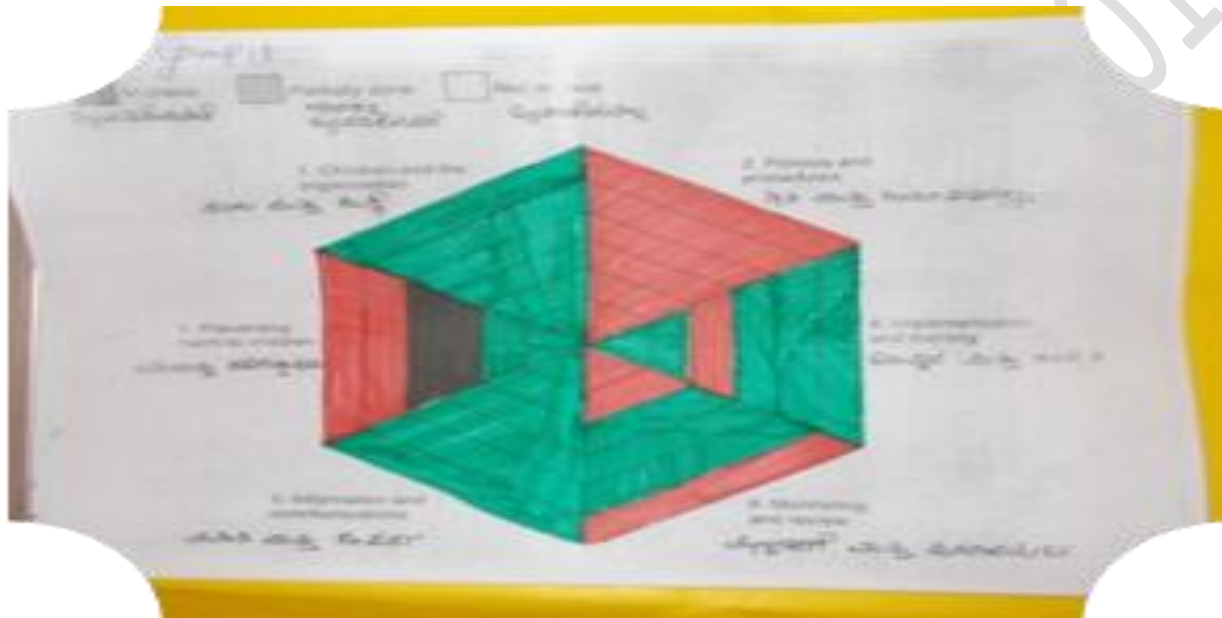
Seventeen Modules are complete and used easily by Master Trainers and nodal teachers. The e-groups for sharing has enabled teachers to learn from their peers too. A Red Cap software is also jointly prepared to capture the M&E for the project. “I have changed how I look at adolescents and how I mentor them” is the feedback from most of the teachers attending the workshops.

#### KEY OUTCOMES OF THE AEP PLUS PROGRAM:

- In 74 schools at least five teachers/nurses are trained as nodal support team members in order to use individual support group support and whole school support techniques for promoting wellbeing. The four Pillars of Psycho-social physical , teaching and learning, school policy and partnerships and services are now finalized with participation of students, teachers and nurses.

- The Master trainers facilitated the AEP Plus workshops for Nodal teachers with INSA-India/SJRI/KHPT lead facilitators as mentors.
- The 17 Modules of AEP Plus has enabled the NCERT to allocate one hour every week for the Navodaya schools to promote wellbeing using the Modules.
- Plans for the follow up of the program in 10 schools – 5 with Master trainers and five without is being planned.
- All 74 schools have revisited the JNV Child Protection policy and planned for training all the students on child protection.

**Fund raised for the year-2015-2016 is Rs. 3,32,330=00.**



The process for developing child protection policies begins with an Abuse Insights Tool developed by INSA-India and a Social Audit of Child Protection developed by Keeping Children Safe Coalition, UK and used with their permission.

## **STRENGTHENING SOCIAL PROTECTION OF CHILDREN LIVING WITH AND AFFECTED BY HIV**

### **a. THE OVC SPECIAL PROJECT lead by KHPT supported by USAID:**

In August 2014, USAID granted a project on **HIV/AIDS Orphans and Vulnerable Children Social Protection** to a consortium led by KHPT. This project is being implemented with the purpose of increasing access to priority health, educational, social protection and welfare schemes for children affected by HIV/AIDS (CABA) in the states of Maharashtra, Tamil Nadu and Karnataka covering 16 districts in these three states. The districts in Maharashtra include: Mumbai, Ahmednagar, Dhule, Kolhapur, Sangli, Solapur, Yavatmal, Tamil Nadu include: Coimbatore, Erode, Salem, Tiruchirapelli and Karnataka include: Bagalkote, Belgaum, Bellary, Bijapur, and Dharwad. In this project year, the setting was revised to 6 districts, viz, Thane, Pune Mumbai in Maharashtra and East Godavari, Krishna and Guntur districts of Andhra Pradesh.

The project duration is three years, from August 20, 2014 – August 19, 2017. Karnataka Health Promotion Trust (KHPT) is the prime implementing agency with four sub-grantees: International Services Association (INSA-India), Family Health India (FHIndia), Catholic Health Association of India (CHAI) and Sneha Charitable Trust (SCT) as sub-partners to carry out the activities at the state and district level.

With the goal to increase access to priority health, educational, social protection and welfare services for children affected by HIV/AIDS (CABA), the project seeks to identify and profile girls and boys living with HIV early, and provide quality and timely treatment, care and support in order to prolong and maintain quality of life. It also works to increase access and utilization to priority health, educational, social protection and welfare services, by children affected by HIV/AIDS and their families and strengthen inter-sectoral collaboration between various government departments to ensure that CABA are provided all essential services.

INSA-India's key role in the project is to facilitate the development of child friendly and protective environments for CABA. We do this by facilitating organizations and the government stakeholders to prepare their child protection policy and programmes. We, in consultation with children, adolescents and other stakeholders develop Modules for building life skills, resilience and leadership and advocacy qualities in children and adolescents. We share materials, information and our partners with the project. We help develop a cadre of master trainers, support group facilitators and child leaders to enable sustainability at one level, and equip organizations and the government to scale up the development of child friendly protective environments and programmes that enable vulnerable children to live to their full potential happily. The Life Skills Development program incorporates World Health Organizations' 10 life skills and was locally called the Chinnara Chilipili (Sound of the twitter of baby birds) or Kilbil.



In this project year, a key outcome during this year is that through the master trainers we facilitated 974 children living with HIV or affected participated in two day workshops on life skills. INSA-India mentored the master trainers and facilitated the development of child protection policies. TABLE 7 summarises the project work undertaken by INSA-India directly with support from the positive networks, Government and KHPT team on the ground.

**TABLE 7 : SOCIAL PROTECTION PROGRAMMES UNDERTAKEN BY INSA-INDIA IN PARTNERSHIP WITH KHPT AND SCT FOR CHILDREN LIVING WITH AND AFFECTED BY HIV**

Sl. No.	Place	Program	INSA-INDIA Activity/Visits	Key outcomes
1.	Maharashtra	Chinnara Chilipili ToT, Mentoring Workshop	1	Master trainers were able to facilitate workshops for adolescents in each of the districts. An analysis of the problems faced by children and adolescents was undertaken through the Problem Tree analysis
		Child Protection Policy ToT, Follow up Visit	6	The NMP+ and Sion Hospital have draft child protection policies. NMP+ will ensure that district level networks use the policy.
		Child Parliament Formation, Follow up	10	12 Child Parliaments were formed in child care institutions. Children advocated for their rights to sponsorship, education, shelter, food, ART. Children began taking more responsibility. "Fights are less" they say! They are attending school regularly. They are not getting ill so often.
		Child Leader Workshop	1	Child leaders had a peer sharing experience with Snehagram. All except those from Mumbai.
2.	Karnataka	Chinnara Chilipili ToT, Mentoring Workshop	1	Master trainers were able to facilitate workshops for adolescents in each of the districts.
		Child Protection Policy ToT, Follow up Visit, Development	4	KNP+ adopted the CPP. 5 Child Care organizations have a draft in place but implementation has begun.
		Child Parliament Formation, Follow up,	4	Two child parliaments are active and shared their success in getting the environmental sanitation problems

		Orientation Training, Exposure Visit		in their locality cleared.
		Child Leader ToT Workshop	1	The Trainers of the Child Leader Workshop facilitated another workshop for child leaders with INSA-India's mentorship.
3.	Tamil Nadu	Chinnara Chilipili ToT, Mentoring Workshop	7	Master trainers were able to facilitate workshops for adolescents in each of the districts. An analysis of the problems faced by children and adolescents was undertaken through the Problem Tree analysis. 4 child support groups were started.
		Child Protection Policy ToT, Follow up Visit	1	There was stiff resistance to developing a policy by the positive network. However, other organizations in Madurai, Salem and Trichy developed drafts.
		Child Support Group Formation of Child Support Group	3	Four child support groups were formed and they planned how to strengthen sharing of their feelings and supporting each other for re-creating their safety net broken when their parents died.
4.	Andhra Pradesh	Chinnara Chilipili ToT, Mentoring Workshop	1+3	The ToT enabled participants to see how they can use the life skills process to add to the child support group trajectory.
		Child Protection Policy ToT, Follow up Visit	3	The TNP+ had developed a draft and an action plan for their CPP. Other organizations working with children are also developing their CPP.
		Child Parliament Formation, Follow up	4	In one organization, two child parliaments formed are active and they share that the good marks they got, the less wastage of food and adherence to ART is because of the child parliament.

**MODULES:** The Facilitator Module for Chinnara Chilipili was initially developed with base materials from INSA India in collaboration with District coordinators, KHPT and FHI. However, for its finalization INSA-India took time to complete it. This was translated into Telugu and Marati and Kannada for use by Trainers. The Module for Building Child Leadership was used during the Master trainer Workshop. Both the Modules were accompanied by a Education Pax for promoting experiential learning process. INSA-India developed a Ready Reckoner for organizations to use to create child friendly environments and implement their child protection policy. This was also translated and given to each institution that needed it.

**Fund raised during the year 2015-2016 is Rs.7,25,234=00**

## b. THE CABA PROJECT lead by KHPT supported by MaCAIDS

INSA-India's expertise in facilitating child friendly environments, child participation and resilience building is used by the MacAIDS project of KHPT too. In this year, the following activities were undertaken as depicted in TABLE 8

**TABLE 8: CHILD PROTECTION PROGRAMMES FOR THE MACAIDS PROJECT FOR CHILDREN AND ADOLESCENTS IN KARNATAKA LIVING WITH AND AFFECTED BY HIV**

Sl. No.	Place	Program	No. of Activity/Visits	Outcomes
1.	Karnataka	Chinnara Chilipili Workshop	1	Children and adolescents cried when sharing their problems and used the learning from the life skills development workshop to plan how to support each other, live healthily and advocate for their rights.
		Child Protection Policy ToT, Follow up Visit	7	Several organizations working with children prepared their child protection policy draft and action plan for implementing it. Key actions include teaching all their staff, volunteers and visitors about CPP, children also, starting a complaint box for children to place their complaints in a non threatening way and beginning child parliaments for energizing child participation in their protection.
		Child Parliament Formation, Follow up	4	Child Parliaments formed had hiccups in the beginning, some of which were overcome by children being mentored the second time. They are now making plans to enjoy their freedoms with responsibility.

“There is less fighting and more understanding and care in our children’s home. All are taking their ART without spitting it out. There is less wastage of food” (children from several child parliaments after its formation.)

**Fund raised during the year 2015-2016 - Rs. 18,819=00**

## CHILD AND YOUTH SEXUALITY AND PROTECTION WORK SUPPORTED BY YRG-CARE

In this project year the support from yrg-care enabled us to extend our facilitation and, INSA-India was invited as an expert facilitator for several workshops as follows:

**TABLE 9: EXTENDED FACILITATION AND ADVOCACY FOR CHILD PROTECTION**

SI No.	Theme	Organized	Male	Female	Trans	Children	Total	Place
3.	Keeping Child at the Centre	Sneha Charitable Trust	7	5			12	Bangalore
5.	Child Protection	CSI Synod	6	12			18	Chennai
6.	Child Protection	SEESHA						Chennai
7.	Child Protection	St. Joseph Indian School		16			16	Bangalore
9.	Life skills Education training	World Vision Bangalore	35	30		2	67	Bangalore
13.	Selection of Indicators for child and youth protection	Freedom Project	3	15			18	Bangalore
14.	Prevention of Sexual Abuse	St. Joseph Indian School	10	25		385 Boys 101 Girls	521	Bangalore
17.	Child rights and Child Protection Policy Development	KROSS	35	37			72	Bangalore
18.	QIS Program- Child Protection Policy Development	ASHA forum/VIVA India	7	13			20	Bangalore
19.	Child abuse, child protection and care inside and outside the creches/neighbourhood	KSCCW		60			60	Bangalore

INSA-India also participated in meetings to energize focus on child protection systems building and programmes as follows:

SNo	Activity	Met with	Male	Female	Trans	TOTAL	Place
1.	RTE day	KCRO/CRT	50	35		85	Bangalore
2.	Advocating for Child Protection systems building in National Commission for Protection of Child Rights	NCPCR	7	16		23	New Delhi
3.	Meeting on Advocate to strengthen safety net of CABA through CPP and Programs	NACO	1	1		2	Delhi
4.	RTE-drop out school children	CRT	8	22		30	Bangalore
5.	National Consultation on 'Right to Food and Life	NCCI	20	22		42	Bangalore
6.	Child Protection	Nestor care					Bangalore
7.	Are you Anti #ChildLabour or #AntiChild	Concerned for Working Children	30	15		45	Bangalore
8.	Child Rights/Protection at Rayalpad	Shalom Child Development Centre	45	25		70	Kolar
9.	Developing Ready Reckoner for lawyers and judges on POCSO, 2012	KSCPCR	3	3		85	Bangalore

**Edwina Pereira completed the CRY Research Fellowship to explore the scope of setting up child protection systems and programmes in health care settings. A copy of the research report is available on request.**

<b>Summary of Grant sanctioned for the year 2015-2016 - Action Plus</b>	
<b>Grant sanctioned</b>	<b>1,40,000=00</b>
<b>Grant received</b>	<b>96,000=00</b>
<b>Expenses</b>	<b>1,40,000=00</b>
<b>Balance receivable</b>	<b>44,000=00</b>

## GENDER EQUALITY

"A Just Society Living with Health and Development" is our vision. As part of the programmes, INSA-India facilitates the inclusion of the most marginalized people in mainstream entitlements, society and programmes. In this year, INSA-India facilitated the inclusion of people with gender and sexual diversity in several faith based organizations.

S.No	Themes presented	For	Males	Females	Trans	Children	Total	Place	Outcomes
1.	Church Leaders and Key Affected People	NCCI/ESHA-Nagpur	40	30	5	5	80	Chennai	Development of a draft statement on an inclusive church
2.	Sexual and reproductive health and rights (including HIV)	Visthar	5	20		-		Bangalore	International participants identified how gender discriminates and made plans for gender equality
3.	Church and Sexual Diversities	NCCI & SATHRI	10	15			25	Bangalore	Theological reflections on inclusion ensued
4.	External Review of research concepts	RGUHS	10	10			20	Bangalore	Research studies approved
5.	National Ecumenical Forum of Gender and Sexual Diversities	NCCI						Bangalore	The meeting of the Forum resulted in identifying key challenges of transgender for livelihood, inclusion and protection.
6	Modules developed include gender equality	for KHPT/USAID; SJRI/UNFPA, World Vision India							Modules are rolled out after Master Training completed.

## ADMINISTRATION

### THE GOVERNING BOARD

The Governing Board of INSA-India remains unchanged and is attached as Table 8

**TABLE 8: The Governing Board of INSA-India - 2015-2016**

Sl. No.	Name & Address	Age	Occupation	Post/ Status
1.	Dr.(Mrs) K. Reddemma 58/2, The Raju Farm, Sakalwara Village Jigani (H), Anekal (T) Bangalore-560083	68	Nodal Officer – National Consortium for Ph.D in St. John's College of Nursing, Bangalore, WHO Project Coordinator Education Committee - Indian Nursing Council Member	President
2.	Dr.S. Rajagopalan 82/ 1 F, 4 <sup>th</sup> Main Road, Kinatukala Buildings, Malleswaram Bangalore-560003	61	Professor International Institute of Information Technology, Bangalore	Treasurer
3.	Dr. Rajaram Subbian C410, Cassia Brigade Millennium JP Nagar Bangalore-560078	65	International Independent Consultant on Psychosocial development of children	Secretary
4.	Mrs. Indira Swaminathan 14, Suddaguntepalya, C.V.Raman Nagar P.O. Bangalore – 560093	78	Consultant- Child Education Technologies and processes	Member
5.	Dr. Ali Khwaja Banjara Academy 418, 1st Main 1st Block, R.T. Nagar Bangalore- 560032	64	Banjara Academy Founder Professor in Behavioral Science & writer	Member

6.	Ms. Sadiqa Peerbhoy 16/21, Binny Cresent Rd., Benson Town Bangalore-560046	66	Independent Consultant Columnist	Member
7.	Dr. Maya Mascarenhas # 001 Maria Melodie, 14 <sup>th</sup> High Street Cook Town Bangalore-560005	54	Programme Officer MYRADA, Bangalore	Member

The staff representatives are:

1.	Florence Jasmine David International Services Association-INSIA-India 24, Benson Road, Benson Town Bangalore 560046	59	Program Director INSIA-India Staff Representative	Administration
2.	Edwina Pereira International Services Association-INSIA-India 24, Benson Road, Benson Town Bangalore 560046	57	Program Director INSIA-India Staff Representative	Training

## CHARTERED ACCOUNTANTS

The Chartered Accountants for this year remained Messrs. Krishnamurthy Subramanyam and Harish located at Shravana, 10/35, 1<sup>st</sup> Floor, 16<sup>th</sup> Cross, Gayathri Devi park, Vyalikaval, Bangalore 560003.



**TABLE 9: FULL TIME STAFF PROFILE OF THIS PROJECT YEAR:**

John Paul resigned when he got a full time job as a lecturer in a Professional MSW College. He is associated with INSA-India as a

SI No	Names of the staff and date of joining	Qualification	Designation
1.	Edwina Pereira 02.07.1986	M.Sc (Nsg) ., International Health Management, Atlanta, Counselling , PGDip- Medical Law and Ethics, NLSIU, CRY Research Fellow	Program Director – Training
2.	Florence David 08.04.1997	R.N.,R.M.,Pc. B.Sc(Nsg), IHMC,Atlanta, Adolescent Counseling, Coach-Life Skills	Program Director – Administration
3.	Agatha Shekar 16.04.1994	M.A - Sociology Adolescent Counseling	Program Officer
4.	Padmavathy 01.03.2000	B.Com	Accountant Officer
5.	Charlet Vijay 16.01.2009	MA Sociology Adolescent Counseling	Program Officer
6.	John Paul 01.02.2011	MSW	Program Officer(upto June 2015)
7.	Venkatalakshmi	BA	Secretary
8.	Selvi 03.02.2001	-	Office Help
9.	Araveena 5 <sup>th</sup> May 2008	-	Part time help(Upto Feb 2016)
10.	Amudha Valli 1 <sup>st</sup> Feb 2015	Diploma in Secretarial Practice	MIS and Secretary

volunteer. Araveena resigned to care for her new born grand-son. INSA-India uses the services of INSA-India core group and ex-staff for expanding our quality and reach as consultants.

**OTHER ADMINISTRATIVE DETAILS**

INSA-India's location remains unchanged as 24, Benson Road, Benson Town, Bangalore 560046.

Our Bank accounts are unchanged. The local registration, Income tax, renewals for 80G and FCRA registration is renewed. INSA-India is registered under PADOR and SAM and is accredited by Charities Aid Foundation.

## CONCLUSION

When all are focused on a similar vision, our reach knows no bounds. Writing this Annual Report gives us a window into how much was achieved with a small team with the vision of "A Just Society Living with Health and Development".

We take this opportunity to thank our children and adolescents from whom we learn so much. The ability to thrive in spite of challenges. The ability to enjoy the simple joys of life. The ability to excel in spite of pitfalls. The ability to innovate, share, care, learn and mentor.

We acknowledge our donors Charity Aid Foundation/ Microsoft Inc, KHPT/USAID, SJRI/UNFPA, YRG Care and IHC without whose partnership we would find the strengthening of child protection systems and programmes a challenge. We acknowledge CRY for supporting our staff to learn as she researched the scope of setting up child protection systems in health care settings. This enabled the use of tools developed during the research. We acknowledge Keeping Children Safe Coalition and VIVA India for sharing their tools with us.

We value the support of Social Convergence and our Governing Board for their unstinting faith in our work, their guidance and mobilising of resources for our support. We value the support of our ex-staff, network members and core group members in co-facilitating workshops we were called to do. We cannot place a value on volunteers that gave of their time and energy. In particular, Ujjwala and Nandini from Stella Maris College, Kruti Kadkol and Harini Rajgopalan for their child friendly art work and adaptations. The team at Social Convergence for their support in re-designing our website.

We feel blessed to have this support and look forward to expanding it in the next year. We are interested to scale up our work with child protection, youth empowerment, gender equality and climate change in the year ahead. We welcome interested partners who know of our work and those who are yet to hear of it.

**EDWINA PEREIRA**  
**PROGRAM DIRECTOR-TRAINING**

**FLORENCE JASMINE DAVID**  
**PROGRAM DIRECTOR-ADMINISTRATION**